

Supplementary File

SEMEIOLOGY	<ul style="list-style-type: none"> • With prominent motor symptoms: <ul style="list-style-type: none"> ◦ Convulsive SE (generalised convulsive, focal onset evolving into bilateral convulsive SE, unknown whether focal or generalized) ◦ Myoclonic SE (with coma or without coma) ◦ Focal motor (repeated focal motor seizures, epilepsy partialis continua, adversive status, ictal paresis) ◦ Tonic status ◦ Hyperkinetic SE • Without prominent motor symptoms (non-convulsive SE, NCSE) <ul style="list-style-type: none"> ◦ NCSE with coma ◦ NCSE without coma ◦ Generalized (typical absence status, atypical absence status, myoclonic absence status) ◦ Focal (without impairment of consciousness, aphasic status, with impaired consciousness) ◦ With impaired consciousness ◦ Unknown whether focal or generalized ◦ Autonomic SE
ETIOLOGY	<ul style="list-style-type: none"> • Known (symptomatic) <ul style="list-style-type: none"> ◦ Acute (stroke, toxic factors, encephalitis, etc.) ◦ Remote (infections, trauma, stroke, etc.) ◦ Progressive (brain tumors, neurodegenerative disorders, etc.) ◦ SE in defined electroclinical syndromes • Unknown (cryptogenic)
(interval between the onset of SE and the first EEG without epileptic activity and clinical manifestations)	<p>Initial (duration <20-30 min) Defined (duration 30-60 min) Refractory (60-120 min) Super refractory (>24h)</p>
EEG CORRELATES	<ul style="list-style-type: none"> • Location <ul style="list-style-type: none"> ◦ Generalized ◦ Lateralized ◦ Bilateral independent ◦ Multifocal • Name of the pattern <ul style="list-style-type: none"> ◦ Periodic discharges ◦ rhythmic delta activity ◦ spike-and-wave/sharp-and-wave plus subtypes • Morphology <ul style="list-style-type: none"> ◦ Sharpness ◦ Number of phases ◦ Absolute and relative amplitude ◦ Polarity • Time-related features <ul style="list-style-type: none"> ◦ Prevalence ◦ Frequency ◦ Duration ◦ Daily pattern duration and index ◦ Onset ◦ Dynamics • Modulation • Effect of intervention on EEG <p>Neonatal (0 to 30 days) and infancy (1 month to 2 years)</p> <ul style="list-style-type: none"> ◦ Tonic status (Ohtahara syndrome or West syndrome) ◦ Myoclonic status in Dravet syndrome ◦ Focal status ◦ Febrile SE <ul style="list-style-type: none"> • Childhood (>2 to 12 years) <ul style="list-style-type: none"> ◦ Autonomic SE in early-onset benign childhood occipital epilepsy (Panayiotopoulos syndrome) ◦ NCSE in specific childhood epilepsy syndromes and etiologies (ring chromosome 20 and other karyotype abnormalities e.g. Angelman syndrome, epilepsy with myoclonic-atonic seizures, etc) ◦ Tonic status in Lennox-Gastaut syndrome ◦ Myoclonic status in progressive myoclonus epilepsies ◦ Electrical status epilepticus in slow wave sleep (ESES) ◦ Aphasic status epilepticus in Landau-Kleffner syndrome • Adolescence and adulthood (>12 to 59 years) <ul style="list-style-type: none"> ◦ Myoclonic status in juvenile myoclonic epilepsy ◦ Absence status in juvenile absence epilepsy ◦ Myoclonic status in Down syndrome • Elderly (>60 years) <ul style="list-style-type: none"> ◦ Myoclonic status in Alzheimer's disease ◦ NCSE in Creutzfeldt-Jakob disease ◦ De novo (or relapsing) absence of later life

Table 1: Classification of Status Epilepticus according to clinical and etiological criteria.

Table 2: Principal causes of Status Epilepticus.

• Cerebrovascular diseases (e.g. ischemic stroke, intracerebral bleeding, subarachnoid bleeding, subdural hematoma, epidural hematoma)
• CNS infections (e.g. bacterial meningitis, viral encephalitis, cerebral toxoplasmosis, tuberculosis, cerebral malaria,)
• Neurodegenerative diseases (e.g. Alzheimer's disease, frontotemporal dementia)
• Intracranial tumors (e.g. glial tumors, meningioma, metastases, Lymphoma, meningeosis neoplastica)
• Cortical dysplasias (e. g. tuberous sclerosis complex, nodular heterotopias, lissencephaly)
• Head trauma
• Alcohol related (e.g. intoxication, Wernicke encephalopathy)
• Intoxication (e.g. drugs, neurotoxins)
• Withdrawal of or low levels of antiepileptic drugs
• Cerebral hypoxia or anoxia
• Metabolic disturbances (e.g. organ failure, acidosis, hepatic encephalopathy, radiation encephalopathy)
• Autoimmune disorders causing SE (e.g. multiple sclerosis, paraneoplastic encephalitis, Hashimoto's encephalopathy, Rasmussen encephalitis, Goodpasture syndrome, cerebral lupus)
• Mitochondrial diseases causing SE (e.g. MELAS, MERRF, Leigh syndrome)
• Chromosomal aberrations and genetic anomalies (e.g. Angelman syndrome, Wolf-Hirshhorn syndrome, Fragile X syndrome, X-linked mental retardation syndrome)
• Neurocutaneous syndromes (e.g. Sturge-Weber syndrome)
• Metabolic disorders (e.g. Wilson disease, Adrenoleukodystrophy, Morbus of Gaucher, Porphyria)
• Others

<ul style="list-style-type: none"> • STAGE I: Early Phase • (duration from 5 to 10 minutes) 	<p>If the intravenous (IV) route is available:</p> <ul style="list-style-type: none"> • Lorazepam <ul style="list-style-type: none"> ◦ Dosage (IV): 0.1 mg/kg (maximum dose 10 mg) over 30-60 sec; if seizure continues in 5 min, give an additional 0.1 mg/kg. • Diazepam: <ul style="list-style-type: none"> ◦ Dosage (IV): 0.5 mg/kg (maximum dose 10 mg) IV bolus (maximum rate 5 mg/min); if necessary can be repeated once up to 20 mg. • Clonazepam: <ul style="list-style-type: none"> ◦ Dosage (IV): 1 mg IV bolus (maximum rate 0.5 mg/min); if necessary can be repeated once after 5 min. <p>If IV route is difficult or not possible:</p> <ul style="list-style-type: none"> • Midazolam: <ul style="list-style-type: none"> ◦ Dosage (buccal): 0.15-0.5 mg/kg (maximum dose 10 mg). ◦ Dosage (IM): 0.2 mg/kg (maximum dose 5 mg). • Diazepam <ul style="list-style-type: none"> ◦ Dosage (rectal): 0.5 mg/kg (2-5 yr); 0.3 mg/kg (6-11 yr); 0.2 mg/kg (≥12 yr).
<ul style="list-style-type: none"> • STAGE II: Established Status Epilepticus • (duration from 10 to 30 minutes) 	<ul style="list-style-type: none"> • Phenytoin/Fosphenytoin: <ul style="list-style-type: none"> ◦ Dosage phenytoin (IV): 18-20 mg/kg over 20 min (<1 mg/kg/min; maximum, 50 mg/min); may give an additional 5 mg/kg as needed. ◦ Dosage fosphenytoin (IV or IM): 18-20 mg phenytoin equivalents/kg (< 3mg phenytoin equivalents/kg/min; max. < 100-150 mg phenytoin equivalents/min). • Phenobarbital: <ul style="list-style-type: none"> ◦ Dosage (IV): 15-20 mg/kg (maximum dose 1 g) IV bolus infusion at a max. rate of 1 mg/kg/min. • Valproic Acid: <ul style="list-style-type: none"> ◦ Dosage (IV): 25-30 mg/kg over 5-15 min (<3 mg/kg/min up to 200 mg/min) followed by an infusion of 1-6 mg/kg/hr. • Levetiracetam: <ul style="list-style-type: none"> ◦ Dosage (IV): 40-60 mg/kg, max. 3 g (administer 2-5 mg/kg/min).
	<ul style="list-style-type: none"> • Lacosamide <ul style="list-style-type: none"> ◦ Dosage (IV): 50-400 mg; 200 mg given over 15 min. • Propofol: <ul style="list-style-type: none"> ◦ Dosage (IV): 2 mg/kg IV bolus infusion, repeated if necessary, and then followed by a continuous infusion of 5-10 mg/kg/h initially, reducing to a dose sufficient to maintain a burst-suppression pattern on the EEG (usually 1-3 mg/kg/h). • Thiopental <ul style="list-style-type: none"> ◦ Dosage (IV): 100-250 mg IV bolus infusion given over 20 s with further 50-mg boluses every 2-3 min until seizure control, followed by a continuous IV infusion at a dose sufficient to maintain a burst-suppression pattern on the EEG (usually 3-5 mg/kg/h). • Pentobarbital <ul style="list-style-type: none"> ◦ Dosage (IV): 5-15 mg/kg IV bolus, followed by a continuous IV infusion at a dose sufficient to maintain a burst-suppression pattern on the EEG (usually 0.5-3 mg/kg/h).
<ul style="list-style-type: none"> • STAGE IV: Super Refractory Status Epilepticus • (Duration > 24 hours) 	<p>The first-line therapy includes maintaining the use of anesthetic drugs used in Phase III, ad in addition to which may be used:</p> <ul style="list-style-type: none"> • Ketamine* 1-3 mg/kg IV bolus, followed by a continuous IV infusion at a dose sufficient to maintain a burst-suppression pattern on the EEG (usually up to 5 mg/kg/h). • Topiramate (Enteral): The dose of topiramate used in studies ranged between 2 and 25 mg/kg/day in children and up to 1600 mg/day in adults. Metabolic acidosis was the most frequently reported side effect with its use. • Perampanel: The initial dose in studies case of refractory & super-refractory status epilepticus is of 4 mg, titrated up to a maximum dose of 12 mg in steps of 2 to 4 mg per day. Data on PER in SE remain anecdotal and are limited to a few cases. Perampanel was used in refractory and super-refractory cases only, and this may explain the low rate of respondents in both studies. (Adam Strzelczyk, Laurent M Willems, Sophia Willig, Felix Rosenow & Sebastian Bauer (2015) Perampanel in the treatment of focal and idiopathic generalized epilepsies and of status epilepticus, Expert Review of Clinical Pharmacology, 8:6, 733-740) <p>As second-line therapy consider:</p> <ul style="list-style-type: none"> • Hypothermia* levels of hypothermia uncertain, usually target temperatures between 32 and 35 °C continued in the first instance for 24-48 h; • Magnesium infusion* dose of 2-6 g/h to obtain a serum level of 3.5 mmol/L; • Pyridoxine infusion* (in young children): 180-300 mg; • Immunologic therapy* high-dose steroids (1 g/day in adults) over 3 days and continued at lower doses (1 mg/kg/day) over 1 week; in addition, course of IV immunoglobulin (0.4 g/kg/day) over 5 days or plasma exchange; other like immunomodulatory agents (such as cyclophosphamide or rituximab) or plasma exchange is rarely used, it has been tried. • Ketogenic diet* • Emergency neurosurgery* (including focal resection, multiple subpial transection, corpus callosotomy, and hemispherectomy, even in combination). <p>As third-line therapy consider:</p> <ul style="list-style-type: none"> • Electroconvulsive therapy*; • Cerebrospinal fluid drainage*. <p>*No randomized, controlled trials available in the literature to inform about the use of this drug/procedure in this stage of status epilepticus.</p>

Table 3: Treatment strategies of Status Epilepticus.