

Testing and Deployment of the Mobile Training and Support (MOTS) Service for Community Health Workers in Sierra Leone: A Quasi-experimental Evaluation in Kambia District

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Abstract

The EBOLA vaccine Deployment, Acceptance & Compliance (EBODAC) project, a public-private partnership, developed a Mobile Training and Support (MOTS) service based on Interactive Voice Response (IVR) technology and designed to deliver audio-based refresher trainings on the topics of vaccines and outbreak response, including Ebola disease surveillance procedures. For this study, a quasi-experimental evaluation implemented among community health workers (CHWs) in Kambia District aimed to ascertain the degree to which MOTS improved knowledge and behavior of CHWs related to vaccinations and outbreak response and the degree to which the order of the refresher modules influenced knowledge and behavior change.

There were higher rates of module completion for the first module a CHW received. While there was a relationship between completion of the modules and knowledge change, there was not a statistical difference in knowledge between the treatment and comparison groups. Knowledge levels related to the Outbreak Response module were lower, whether the CHW received this module first or second, suggesting the order in which one received the modules did not influence knowledge change. MOTS cost approximately \$12 per CHW to implement and 50 percent less than in-person refresher trainings.

With improvements made to the IVR content and delivery and in conjunction with in-person trainings, MOTS can represent a dramatically more efficient and widespread community health outreach, build engagement with decentralized health workers and provide a critical safeguard in the case of health emergencies.

Background

Between 2014 and 2016, West Africa was struck by the largest outbreak of Ebola in the history of humanity [1]. Over 11,000 cases of Ebola were [2] registered across Guinea, Liberia and Sierra Leone, with about 4,000 deaths in Sierra Leone. Many international bodies sought ways to fight the epidemic. As part of the European Community's efforts to address the advancement of Ebola, the Innovative Medicines Initiative (IMI) responded with a call for innovative projects [3]. The EBOLA vaccine Deployment, Acceptance & Compliance (EBODAC) project, a public-private partnership, was funded out of IMI [4].

The EBODAC consortium is composed of London School of Hygiene and Tropical Medicine, Janssen Pharmaceutical N.V., World Vision and Grameen Foundation. EBODAC's goal was to develop strategies and tools to promote the acceptance and coordinate deployment and uptake of new candidate [5] Ebola vaccines in Sub-Saharan Africa. EBODAC also had a remit to build local knowledge and capacity in preparation for the potential future use of licensed Ebola vaccines. As part of this latter mandate, Grameen Foundation, in partnership with the EBODAC consortium members developed a Mobile Training and Support (MOTS) service that was piloted with Community Health Workers (CHWs) in Bo district, Southern Sierra Leone in 2018 [6] and later resulted in deployment in Kambia District. MOTS is based on Interactive Voice Response (IVR) technology and is designed to deliver audio-based refresher training on the topics of vaccines and outbreak response, including Ebola disease surveillance procedures [7]. MOTS also includes IVR-based pre-and post-test quizzes to assess knowledge change related to the education modules.

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To develop the audio-based refresher training, the EBODAC consortium forged a partnership with the Sierra Leonean Ministry of Health & Sanitation (MoHS) to adapt existing training modules on Vaccinations and Outbreak Responses for the MOTS platform. The content designed for MOTS was developed and reviewed by the Sierra Leone CHW Hub and the Expanded Programme on Immunisation (EPI) to align the content messages with the current CHW and EPI recommended practices. The content was then translated into the local languages (Krio, Temne, Susu, Limba).

CHWs are part-time frontline health workers for the Ministry of Health and Sanitation (MoHS) of Sierra Leone. They are often provided a stipend to compensate them for their work. CHWs are normally trained but have no formal or professional degree or certificate in Health.

To assess the effectiveness of the MOTS training, a quasi-experimental research assessment was implemented among CHWs

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in Kambia District and was aimed at ascertaining: the degree to which MOTS improved knowledge and behavior of CHWs related to vaccinations and outbreak response (compared to a comparison group) and the degree to which the order of the refresher modules (Vaccination followed by the Outbreak Response module, or vice-versa) mattered on knowledge and behavior change.

Methods

Study area

Kambia District is located in the Northern Province of Sierra Leone. Its capital and largest city is the town of Kambia (Figure 1). As of the 2015 census, the District had a population of 343,686 [8]. Kambia District borders the Republic of Guinea to the north, Port Loko District to the south and Bombali District to the east.

Kambia district is overwhelmingly Muslim (over 70%) and ethnically diverse. The Susu are the predominant ethnic group followed by the Temne, Limba, Fula and Mandingo.

All the Kambia chiefdoms have medical centre or posts with the only referral hospital located in Kambia town, the district headquarters. There are few transport services to facilitate access to the referral hospital. Consequently, Kambia has the highest death rate compared to other districts in the country, especially infant and maternal mortality [9].

Intervention

For MOTS modules, each module is made up of about 5-6 units with a pre-and post-test, and each unit is a maximum of 5 minutes of listening time. The two module descriptions are described below:

1. Module 1: Vaccination - The overarching goal of Module 1 is to build CHWs' capacity to support national vaccination programs

by promoting vaccination. Learning objectives are to ensure CHWs understand the basics of vaccination: why vaccinating, who, when and where, and are able to share this information with the community.

2. Module 2: Outbreak Response - The overarching goal of Module 2 is to build CHWs' capacity to contribute to the country disease surveillance system and to respond to outbreaks of emerging infectious diseases. Learning objectives include: understanding the importance of community-based surveillance, identifying potential outbreaks, knowing how to report, knowing how to identify notifiable conditions (such as newborn death, maternal death, neonatal tetanus, clustered deaths, polio, cholera, guinea worm, Ebola, yellow fever).

Various levels of the MoHS, such as Peripheral Health Units (PHU) In-charges can monitor module and quiz completion, quiz results, and listening patterns to assess the performance of the modules and the CHWs. Figure 2 shows the architectural illustration of MOTS concept and workflow figure.

Study design

To assess the effectiveness of the MOTS education, a quasi-experimental design with two treatments and one comparison group was used. Both treatment groups received MOTS training as well as the MOTS quizzes associated with each module. Treatment Group 1 received the Vaccination module first followed by the Outbreak Response module. Treatment Group 2 received the Outbreak Response module followed by the Vaccination module. The Comparison Group received no MOTS training nor the MOTS quizzes.

The study hypothesis

The quasi-experimental study aimed to answer two key questions:

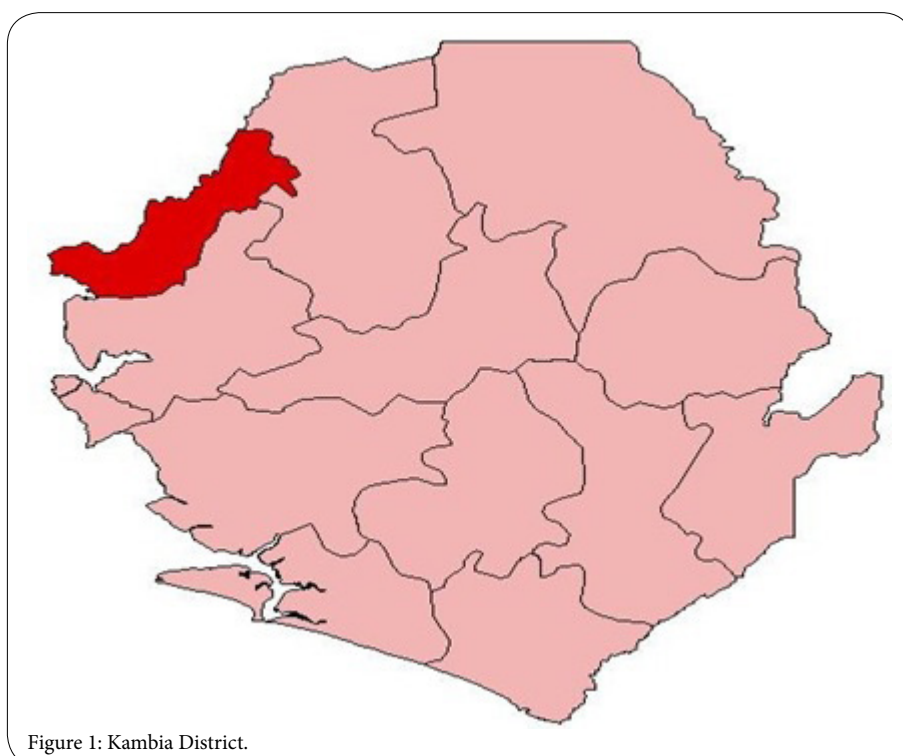


Figure 1: Kambia District.

1. To what degree does MOTS improve knowledge and behavior of CHWs related to vaccinations and outbreak response (compared to a comparison group)? The hypothesis: MOTS improves knowledge/behaviors of CHWS compared to CHWs who receive no mobile training.
2. To what degree does the order of the refresher modules (Vaccination followed by the Outbreak Response module, or vice-versa) matter on knowledge and behavior change? The hypothesis: Participation in MOTS sessions back-to-back can lead to user fatigue, resulting in reduced effectiveness of the second refresher module in which a CHW participates.

Study population

The primary study participants included randomly-selected CHWs from targeted chiefdoms in Kambia District. CHWs from the comparison group occupied the chiefdoms of Mambolo and Samu while those from treatment groups were from Bramia, Magbema, Tonko Limba, Gbinle Dixing and Masungbala chiefdoms.

Prior to the project, CHWs were screened for their participation in MOTS in a functionality assessment where CHW ownership of functional mobile phones and connectivity was assessed. From the list of qualifying CHWs, CHWs were chosen to participate. The location of the CHWs determined which treatment group a CHW was placed in. Those in hard to reach areas were purposively placed in the comparison areas. This minimised spill-over effect and a feeling of being left-out by other CHWs. Table 1 outlines the number of CHWs per Chiefdom and their allocation for the treatment and comparison groups. A total of 378 treatment and comparison CHWs were visited and consented to voluntarily enroll into the study at baseline, while a total of 375 treatment and comparison CHWs were found for the endline interviews follow-up.

Study arm	Chiefdom	Count of chiefdom	Total
Comparison	Mambolo	43	127
	Samu	84	
Treatment one	Bramaia	47	124
	Magbema1	13	
	Tonko Limba	64	
Treatment two	Gbinle Dixing	42	124
	Magbema2	46	
	Masungbala	36	
Grand Total		375	

Table 1: Sample communities and sample sizes.

Figure 3 outlines the total sample of CHWs that participated in the study. Please note that the graphic captures CHWs who participated in the quasi-experimental design as well as those who completed the pre- and post-tests associated with the MOTS platform.

Study variables

The survey included variables related to the socio-demographic data of the CHW, such as their gender and education level; CHW duties such as the number of households served; participation in the MOTS education, including knowledge questions associated with both the Vaccination and Outbreak Response modules, CHW attitudes such as their confidence to serve their communities in a time of disease outbreaks and the degree to which they shared messages with their community related to the two modules. The MOTS quiz for the pre- and post-tests for both modules comprised 20 questions. Only 12 to 14 of these 20 questions for the Vaccination and Outbreak Response modules, respectively, were included in the outcomes survey data

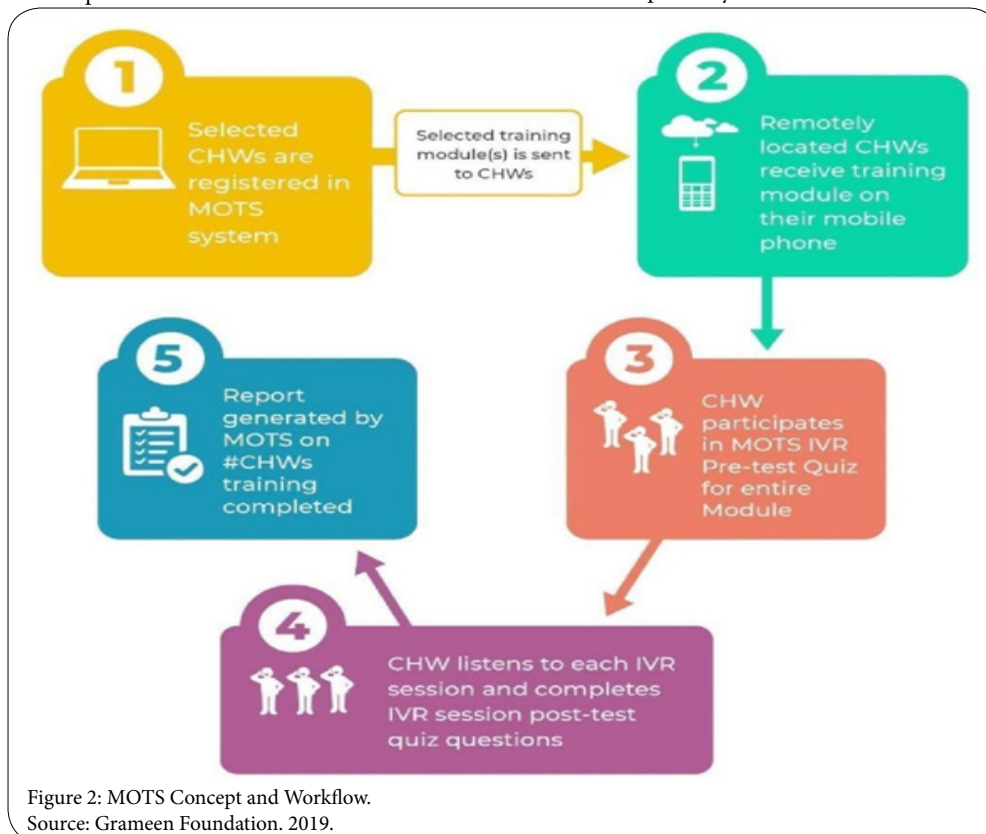


Figure 2: MOTS Concept and Workflow. Source: Grameen Foundation. 2019.

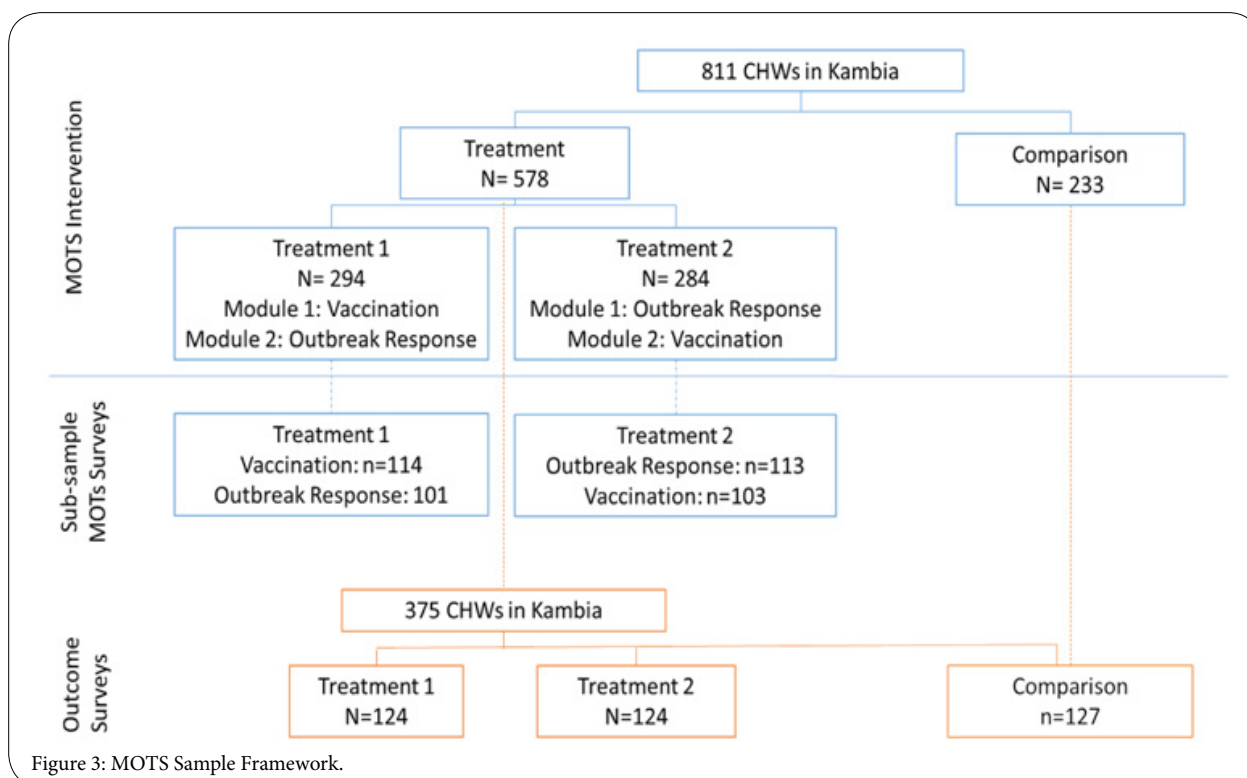


Figure 3: MOTS Sample Framework.

Variable	Description	Target
Quasi-experimental assessment		
Social demographics data	This focused on the gender of the CHW, male or female	Treatment 1&2, Comparison arm
	Whether the CHW went through Secondary school or not	
	Whether the CHW over sees more or less than 90 households.	
Knowledge and behavior questions	Knowledge questions similar or identical to those asked during the MOTS quizzes	Treatment 1&2, Comparison arm
Rate of community engagement	Whether MOTS contributed to the improvement of community engagement by VHTs speaking about the module, the frequency of speaking about the module and how confident the CHW was while counselling households on the module for treatment and control arms of the study.	
Attitude towards mobile phones as a medium of information during outbreaks	Whether the CHWs thought that information given to them through the mobile phone was sufficient to aid them support outbreak response to the households	Treatment 1&2, Comparison arm
	Whether the CHWs would willingly be able to share information received through the mobile phone about outbreak response to the households	
	Whether the CHWs actually would trust outbreak response information through the mobile phone.	
MOTS System Data		
CHW MOTS Module participation	A welcome message is sent to the CHW as an SMS, the CHW calls the toll-free number to have access to the Module. The CHW is then given access to the module starting with unit one.	Treatment 1&2
Completion of the Module	Each module is open for 4 weeks in which a CHW is supposed to complete all units therein. Therefore, a CHW who completes the module is one who does all units in the module by close of the 4th Week.	Treatment 1&2
	A CHW is considered in progress if they went beyond Unit one but did not manage to complete the final unit by close of the 4th week	
	A CHW is considered "not started" If by close of the 4th week they did not go beyond the first unit of the module.	
MOTS quiz results	The first and last units of the modules are pre-and post-test units. A CHW provides response by selecting the right response by, and then the right responses are counted and a percentage is generated at the pre-and post-test. An average score by all CHWs is then generated to get the average score.	Treatment 1&2
	A comparison of the pre-and post-test was done by module for treatment 1&2	

Table 2: Study variables by method.

collection. Questions in the outcomes survey entail the same content as those in MOTS though a few tweaks were made to fit the structure of the survey tools. Table 2 outlines the data sources used below as they relate to the quasi-experimental assessment of the MOTS system data.

Data management and analysis

Six enumerators were trained to collect the quantitative data from the selected CHWs. A digital data gathering platform, Survey CTO, was used for data collection and this minimized errors that are often experienced with paper-based data collection. This was for the pre- and post-assessment study for all the CHWs enrolled.

Data was processed in Excel and exported to Statistical Package for Social Scientists (SPSS) for analysis where frequency tables and charts were produced and incorporated into the report.

Regression analysis on the survey data using SPSS was used primarily to help identify factors that were influencing knowledge change among the CHWs. Analysis included a binary logistical regression under the assumptions of the Ordinary Least Square (OLS) method. The significance of the relationships was tested at 95 percent level of significance against the p-value of 0.05, which were then noted with the subsequent beta value and the Nagelkerke R2 was used to identify the strength of the fit of the regression. A knowledge index for the regression analyses was created to assess factors that influenced knowledge improvement. The Knowledge Index was created by coding all knowledge questions to 1 or 0 (1=correct answer, 0=incorrect answer) and then summing the scores to all questions (maximum score was 11). The highest knowledge quartile was determined as those above eight correct answers. Those 8 and below were considered below the threshold. CHWs were then coded as 1 (Highly knowledgeable) or 0 (Not highly knowledgeable).

Ethics approval

The government of Sierra Leone, Office of the Sierra Leone Ethics and Scientific Review Committee, Ministry of Health and Sanitation Directorate of Policy, Planning & Information (DPPI), Youyi Building, Fifth Floor, East Wing, Freetown approved the study and provided a Protocol number 12/03/2017.

Results

Socio-demographic characteristics

Of the 375 CHWs included in the study, the majority (85.2%) of them from both the comparison and treatment groups were male

with a high attendance of secondary education, earned most of their income from crop farming, and were living below the \$2.50 international poverty line (as measured by the Poverty Probability Index). Majority (69.8%) of the CHWs in the coverage area were covering less than 90 households. Details of the break down between Treatment 1 (T1), Treatment 2 (T2) and the Comparison (C) group can be seen in Table 3.

MOTS progress and completion of training

Overall, at the end of training, the MOTS system indicated that 62 percent of Treatment 1 had completed training for both modules while 68 percent of Treatment 2 had completed training for both modules by the close date. Progress-wise, 93 percent of Treatment 1 and 84 percent of Treatment 2 completed or were in progress in the Vaccination module while 81 percent of Treatment 1 and 93 percent of Treatment 2 had completed or were in progress for the Outbreak Response module. The initial module pushed to the CHWs had the highest completion rates (Figure 4).

MOTS quiz results

Using the MOTS quiz data for the CHWs that also participated in the outcomes survey, for Treatment 1, out of the total number of quiz questions for both modules, 55 percent of the answers were correct at the pre-test, while at post-test, 68 percent of the answers were correct. This represented a 13 percentage-point improvement in knowledge for Treatment 1. For Treatment 2, they experienced a 7 percentage-point improvement between the pre- and post-test knowledge improving from 58 to 65 percent between the pre- and post-test. Overall, the Vaccination module performed better than the Outbreak Response module. It was expected that the CHWs would achieve an average score of 80 percent achievement in knowledge by the post-test; however, neither treatment group exceeded 70 percent (Figure 5).

MOTS outcome survey data

Utilizing the outcomes survey data, which was collected in-person through enumerators, (Figure 6), knowledge change was compared between the treatment and comparison groups. While the MOTS quiz questions were disaggregated by Treatment 1 and Treatment 2, the combined Treatment 1 and 2 averages are compared to the Comparison given very little difference between Treatment 1 and 2 averages according to the survey data. With results from both the Vaccination and Outbreak Response modules combined, both the treatment group and comparison groups scored on average 85 percent correct on the knowledge questions at the baseline. At endline, the

Variable		Comparison	Treatment		
			Total	T1	T2
		n=127	n=248	n=124	n=124
Gender	Male	84.5%	85.9%	79.8%	91.9%
	Female	15.7%	14.2%	20.2%	8.1%
Attended Secondary school		74.8%	70.5%	68.8%	72.2%
Primary income source is crop farming		93.7%	88.1%	86.5%	89.6%
Live below the \$2.50 International Poverty Line		70.5%	72.7%	73.9%	71.5%
Households served by the CHW	More than 90	38.0%	22.5%	22.0%	23.0%
	Less than 90	62.0%	77.5%	78.0%	77.0%

Table 3: Social demographics.

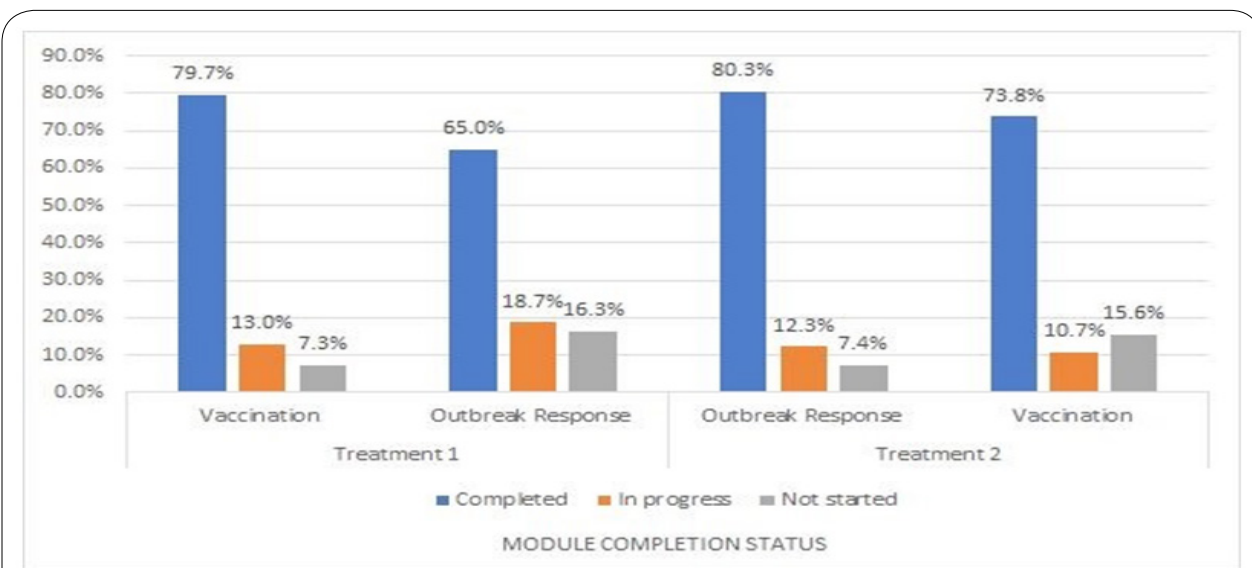


Figure 4: MOTS refresher training module progress per treatment group.

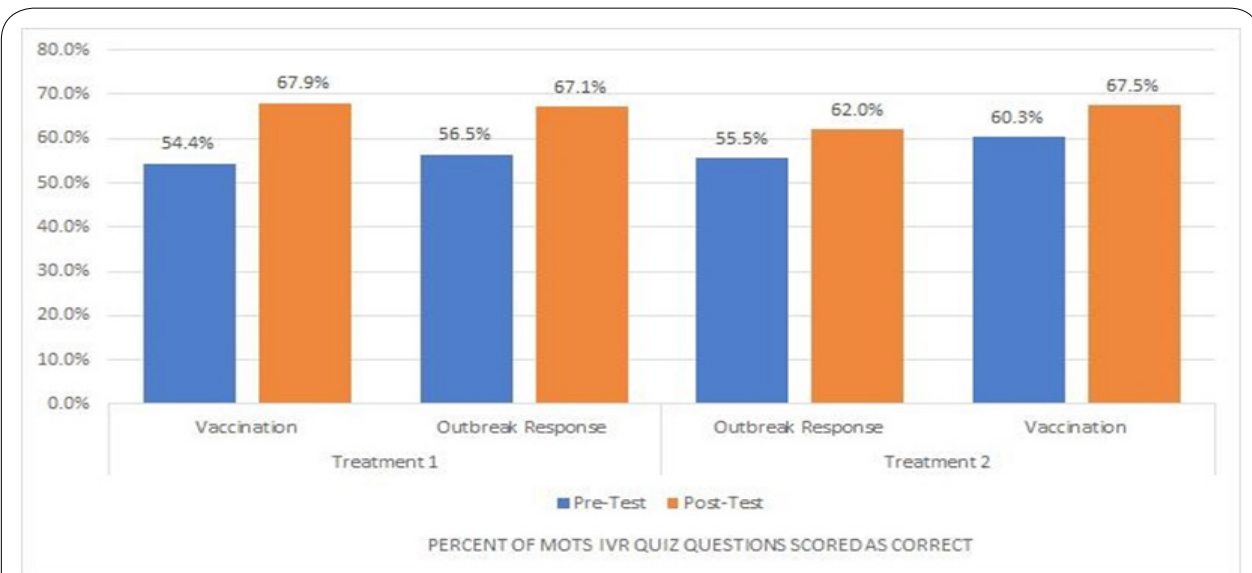


Figure 5: MOTS Quiz Knowledge Questions: Percent Scored as Correct.

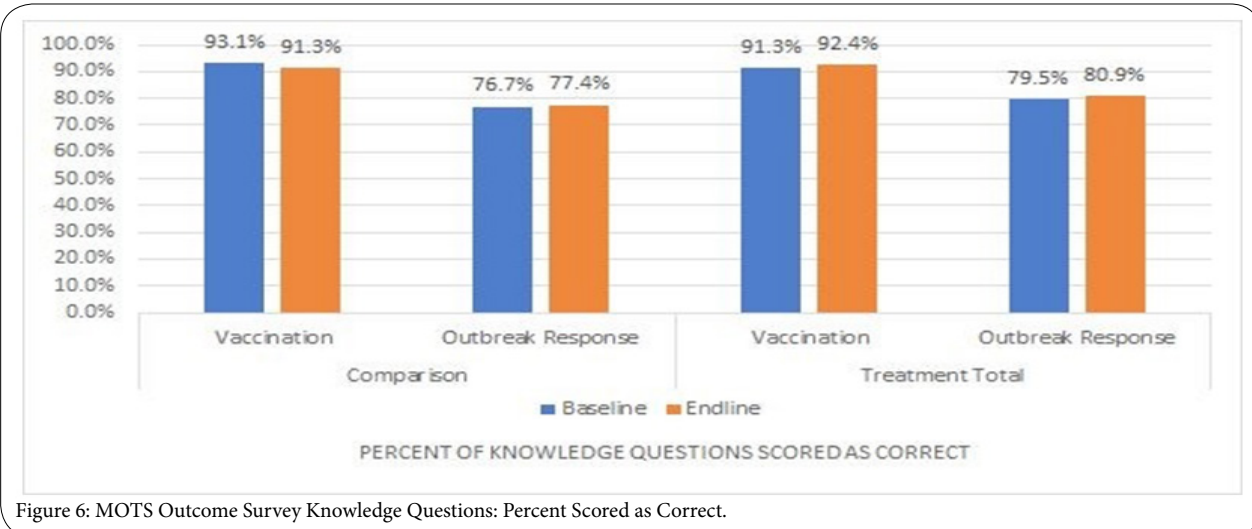


Figure 6: MOTS Outcome Survey Knowledge Questions: Percent Scored as Correct.

treatment group scored on average of 87 percent while the comparison group scored 84. Vaccination knowledge started out higher than knowledge associated with the Outbreak Response module and slightly improved for the Treatment Group while slightly decreasing for the Comparison group. Vaccination knowledge also exceeded the 80 percent target for endline knowledge. Knowledge associated with the Outbreak Response modules slightly increased for both groups, with the Treatment Group reaching the 80 percent target at endline.

CHW community engagement on the modules

Results at both baseline and endline suggest consistent CHW-community engagement regarding vaccinations and slightly less

engagement regarding outbreak responses. Almost 100 percent of the Comparison and Treatment groups had spoken about Vaccination in the month prior to the baseline and endline surveys (data not shown). Discussions about Outbreak Responses were only slightly lower at an average of 99 percent for both groups at both baseline and endline. Both groups felt they'd spoken more about both topics in the month prior to the survey than what they would normally (Figures 7 and 8). The treatment group slightly gained in confidence for both modules, while the comparison group felt they were slightly more confident at endline regarding vaccinations but slightly less confident regarding outbreak response.

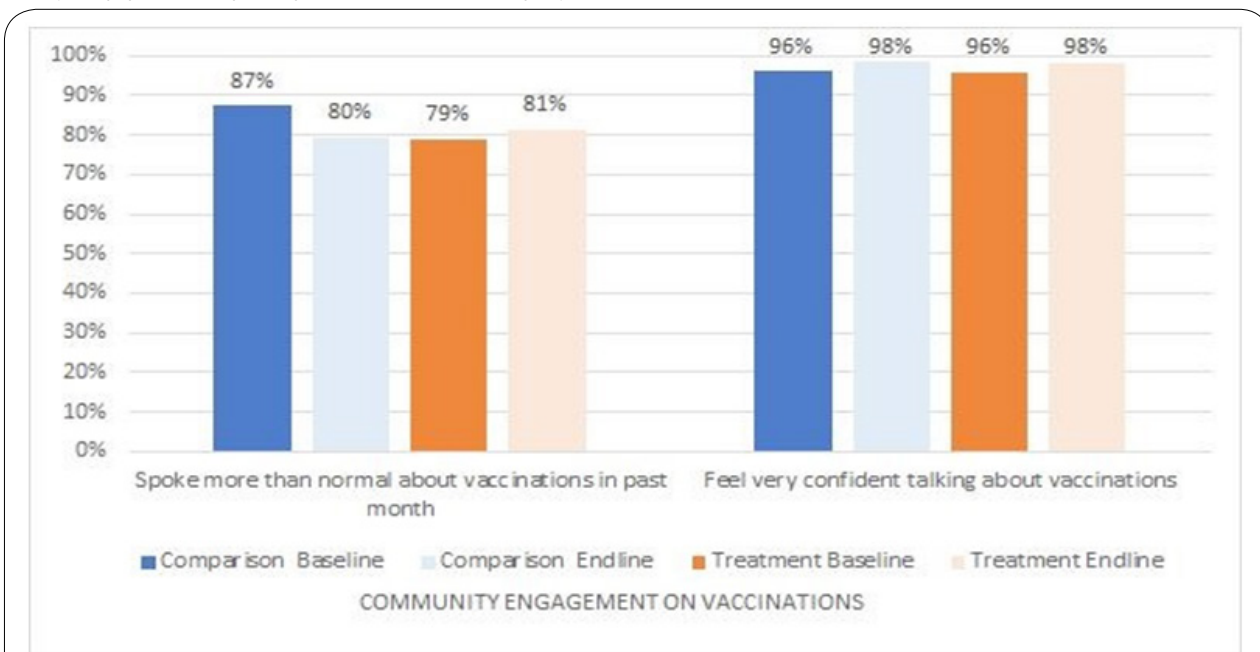


Figure 7: Community Engagements on Vaccination.

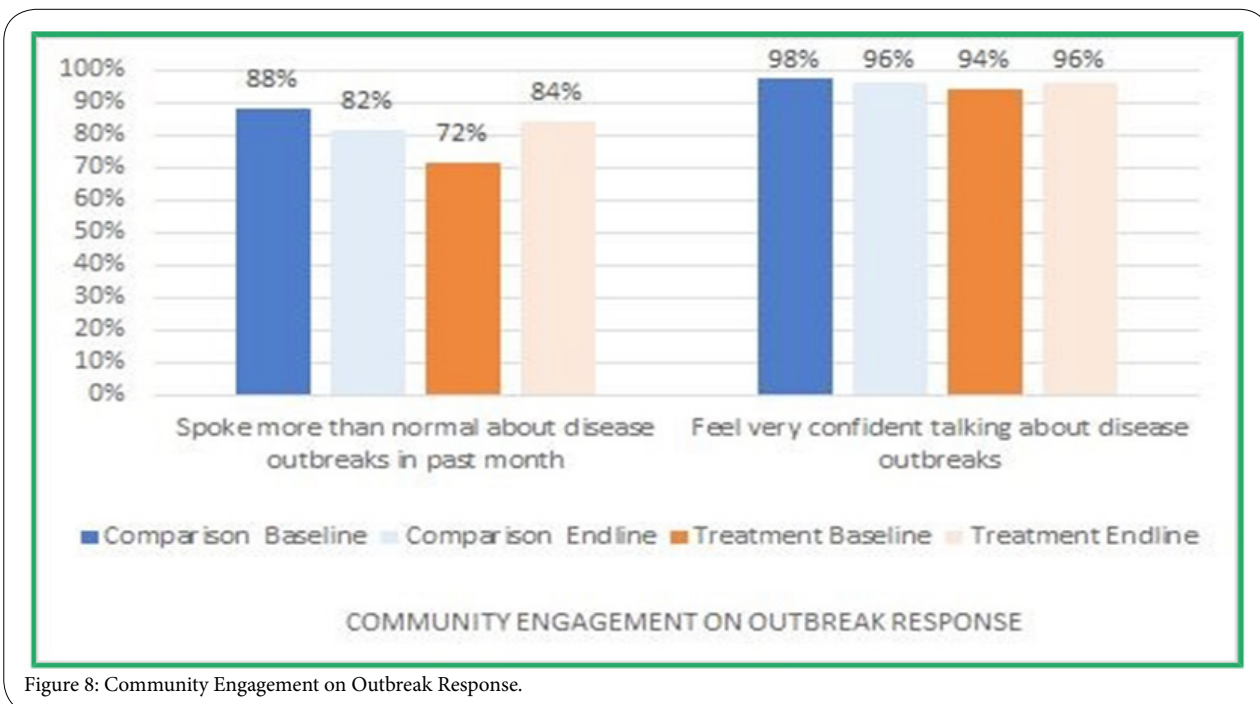


Figure 8: Community Engagement on Outbreak Response.

Attitudes towards CHW work

Overall, CHW attitudes towards their work was high at both baseline and endline for both the Comparison and Treatment groups; however, the Comparison group saw a slight decrease in their belief that they would trust disease outbreak information if received through their mobile device (Figure 9).

Predictors of knowledge change

Given the limited variation between the Treatment and Comparison groups, regression analyses were conducted to further assist in understanding the variables that influenced knowledge change (Table 4). The first analysis aimed to determine whether completion of the training influenced knowledge, given this is an assumed critical precursor for “refreshing” a CHW’s existing knowledge. A knowledge index was created, consisting of 11 questions pulled from both the Vaccination and Outbreak Response modules. The description of the creation of this index was covered in the Methods section. The analysis

found that participation in both modules (or lack thereof) was not associated with higher knowledge scores. However, when assessing each module separately, there was an association between completing the vaccination module as well as if they completed both modules. Similarly, for the Outbreak Response knowledge, completion of the module was associated with improved knowledge, but completion of both modules was not associated with higher knowledge scores.

An additional analysis also found that being male and below the poverty line were associated with improved knowledge scores but food security was negatively associated with improved knowledge; however, whether they were in a treatment or comparison group, membership to a particular chiefdom and confidence levels were not associated with improved knowledge.

MOTS costs

As part of the MOTS implementation, a costing study was commissioned to analyse

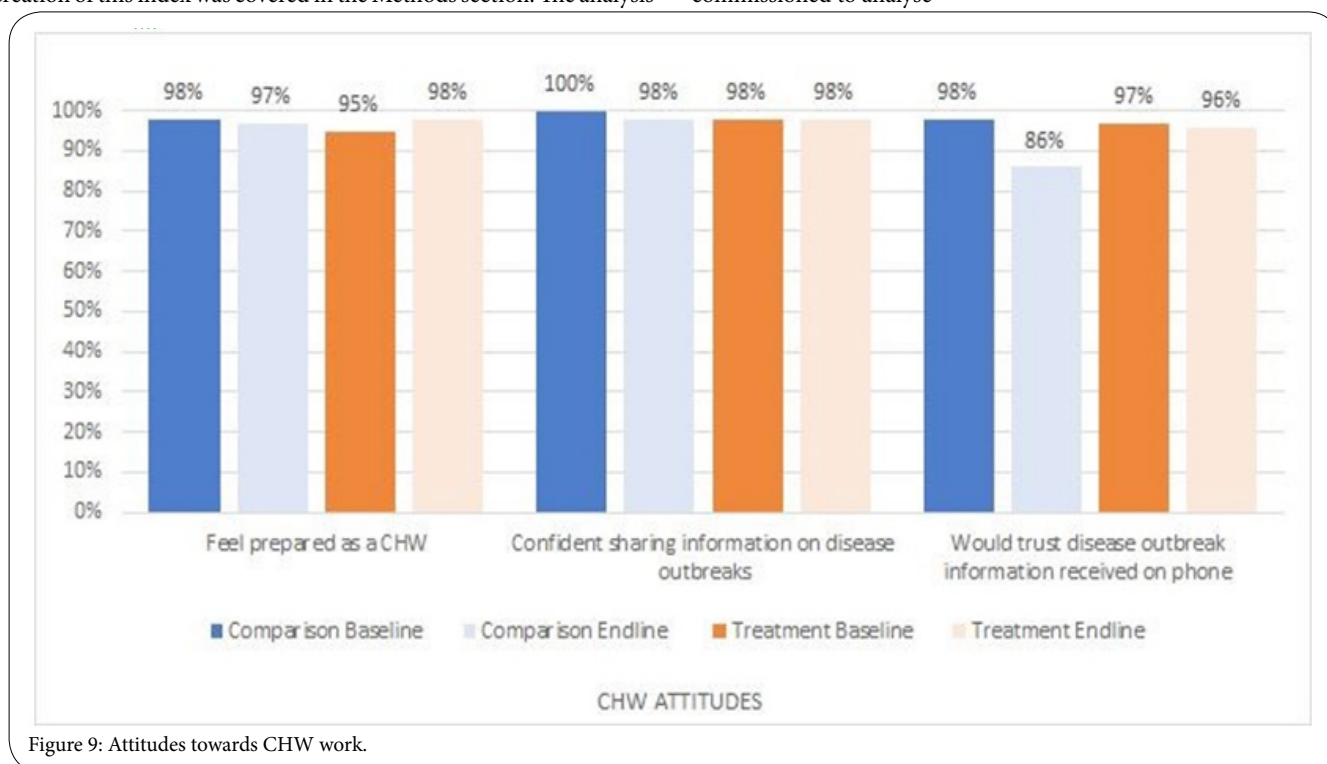


Figure 9: Attitudes towards CHW work.

Significant Factors	Beta	Standard Error	Sig<0.05	Exp(Beta)
Predictors of knowledge change for the Vaccination module				
Completed Vaccination Module	1.698	0.302	0.000	5.462
Completed both the modules	1.476	0.392	0.000	4.375
Predictors of knowledge change for the Outbreak Response module				
Completed Outbreak Module	0.496	0.196	0.011	1.643
Completed Both the modules	0.511	0.516	0.323	1.667
Predictors of knowledge change (according to knowledge index)				
Male	0.536	0.116	0.000	1.709
Family is food secure	-0.920	0.221	0.000	0.399
Below Poverty Line	1.137	0.279	0.000	3.118

Table 4: Predictors of Knowledge Change.

1. the regular, ongoing cost to the MoHS of providing mobile-based refresher training to CHWs throughout Sierra Leone,
2. the expected cost to MoHS of offering MOTS refresher training compared to that of the alternatives in-person refresher training or no refresher training at all,
3. the benefits of the mobile-based refresher training for the MOH (or another implementing organization), and
4. the tradeoffs compared to in-person refresher training.

The full study and its associated methodology are described elsewhere [10]. The high level findings are shared here as a way to illustrate a possible cost and benefit assessment of MOTS for the MoHS of Sierra Leone.

In investigating the costs and benefits of MoHS implementing mobile-based refresher training, based on the MOTS pilot project, the costing study found that:

1. The cost for MoHS to provide mobile-based refresher training to all CHWs in a single district within one year would be about \$25,000, compared to \$52,000 for in-person refresher training—a savings of \$27,000;
2. The annual cost for the MoHS to extend a mobile-based refresher training to all 16,000 CHWs nationwide is estimated to be around \$190,607, which amounts to approximately \$12 per year per CHW, and \$1.19 per household reached;
3. The MoHS could put in place the foundation for mobile-based refresher training and CHW communication for a low, fixed annual fee (under \$14,000 for the technology infrastructure and translation and recording of the IVR audio content), and then disseminate education modules selectively according to available funds to cover the variable expenses;
4. CHWs incur low opportunity cost when attending in-person training and incur low/no opportunity and airtime costs in accessing the mobile-based IVR refresher trainings, which are available according to their schedule and preferences.

Discussion

The study was aimed to ascertain the degree to which MOTS improved knowledge and behaviour of CHWs related to vaccinations and outbreak response (compared to a comparison group) and the degree to which the order of the refresher modules (Vaccination followed by the Outbreak Response module, or vice-versa) mattered on knowledge and behaviour change. The latter research question was driven by a concern that CHW participation in a second module would result in lower knowledge change due to possible fatigue in participating in IVR-based education.

While regression analysis indicates completion of modules is critical for knowledge change, there were no statistically significant differences between the treatment and comparison groups. While there were greater module completion rates for the first module pushed to CHWs compared to the second module, the evaluation refutes the hypothesis that user fatigue is contributing to lower knowledge change levels and indicates that the MOTS Outbreak Response module did not perform as well as the Vaccination module regardless of whether it was the first or second module and did not appear to visibly improve knowledge. Also, baseline knowledge was much lower for the Outbreak Response than the Vaccination module, suggesting that prior in-person trainings may not have been effective

at imparting knowledge or the lessons were simply not retained. The curriculum for both in-person and IVR trainings related to outbreak response should be reconsidered given the life-and-death implications of poor CHW knowledge related to Ebola or other infectious diseases.

The loss of active participation in the second module could have been due to the fact that the CHWs weren't interested in the subject matter, which could be the case with compliance online training or other subject matters that tend to be dry or dull [11], due to ongoing technical difficulties experienced by the CHWs, such as lost phones/charging issues/not fully understanding how to use their phone to navigate the system, which could have been demotivating, or due to the fact that the IVR methodology did not align with their needs or personal preferences [12]. While training seems to matter to CHWs as part of their professional and personal development, challenges with the technology itself can be demotivating. Provision of solar charging units at PHUs or airtime credits for monitoring could be considered as ways to incentivize and overcome some of the challenges of using the system. CHWs were provided with certificates of completion of the MOTS training, but other professional incentives may need to be considered to ensure active participation (including positive recognition for correct answers to the quiz questions). The IVR trainings could also consider incorporating more interactive elements and add touches of humor to make the sessions more intriguing. Entertaining eLearning content may be more likely to pique CHWs interest [13]. CHWs could also be engaged in recording the units themselves so that there is an obvious connection with the modules. While usability research was conducted prior to design and implementation of the IVR education, this research suggests it is important to further customize the content to CHWs backgrounds, experience levels, interests and objectives [14].

The results from the MOTS quizzes and the outcomes survey data presented mixed findings. Results from the MOTS system suggested correct knowledge regarding most indicators was below 70 percent while results for the outcome survey often had scores above 70 percent for most of the questions at baseline and endline. This suggests that participation in the IVR quizzes did not accurately reflect real knowledge among the CHWs. This may have been due to connectivity issues or it may be that the IVR survey questions were too long and too numerous and confusing for a CHW that was both listening to the question and required to find the appropriate numbers corresponding to the answer they wished to choose on their mobile phone. Other research suggests that it is not just the length of the survey but also the length of individual questions that lead to user fatigue with IVR surveys [16]. While the MOTS system gave the correct response after the CHW noted their answer, this reiteration of the correct response does not appear to have been sufficient for systematic knowledge change.

The proliferation of mobile devices presents a good training tool for refresher training in countries where the infrastructure permits. With the ability to fast-track communication and connect a large number of people in next-to-no time and with relative ease, mobile phones are emerging as the preferred media for a number of innovations including money transfers and MOTS, as seen in this study[17,13]. The advent and proliferation of mobile technology allows people in rural locations to transfer money, pay bills and receive medical advice or care among a host of other benefits. This therefore means that mobile phones present a fair opportunity for capacity building for frontline health workers [18,14]. The costing assessment completed on MOTS estimated that the cost for maintaining a MOTS refresher training approach is approximately \$12 per each of the 16,000 CHWs

nationwide in Sierra Leone and costs approximately 50 percent less than in-person refresher trainings. While IVR should never fully replace in-person trainings, MOTS enables a dramatically more efficient and widespread community health outreach, builds engagement with decentralized health workers and can provide a critical safeguard in the case of health emergencies.

Like any study MOTS had limitations for example during the implementation of the MOTS IVR quizzes, CHWs frequently skipped answering questions, these have been categorized as “missing”, limiting our understanding of the real knowledge change. Given this study relies on a quasi-experimental design and not a randomized control trial, any changes experienced by the CHWs cannot fully be attributed to the MOTS intervention and can only be suggestive of change. The comparison group was located in completely different chiefdoms than the treatment groups and variability in this group could be driven by different access to information, support services, technology, among others.

Conclusion

The results from this study show marginal improvements in knowledge. The results also point to specific and actionable areas for improvement, most notably the IVR quiz questions as well as the content that underpins the Outbreak Response module. These improvements are needed to ensure MOTS can serve as a cost-effective, alternative virtual training tool for reaching rural CHWs with critical information to support the health of their communities. For diseases like Ebola and the recent emergence of COVID-19, technologies like MOTS could be a potential alternative training and information-sharing methodology for CHWs that can be rapidly and virtually deployed to any CHW that has a mobile feature or smart phone.

Trial Registration

Registered with the Pan African Clinical Trial Registry (www.pactr.org) database, with a unique identification number for the registry as PACTR202010817398162.

Competing Interests

The authors declare that they have no competing interests.

Authors' Contributions

Grace Rukanda: Conception and design, data analysis and interpretation, manuscript writing, final approval of manuscript.

Monica Amponsah: Administrative support, provision of study material or patients, manuscript writing, final approval of manuscript.

Fredrick Kamara: Administrative support, collection and assembly of data, manuscript writing, final approval of manuscript.

Bobbi Gray: Administrative support, collection and assembly of data, data analysis and interpretation, manuscript writing, final approval of manuscript.

Robert Kanwagi: Administrative support, manuscript writing, final approval of manuscript.

Seth Gogo Egoeh: Provision of study material or patients, manuscript writing, final approval of manuscript.

Geoffery Babughirana: Provision of study material or patients, collection and assembly of data, data analysis and interpretation, manuscript writing, final approval of manuscript.

Evelyne Banura: Collection and assembly of data, data analysis and interpretation, manuscript writing, final approval of manuscript.

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